

Redbridge **Early Years** Festival 2019

Monday 25 February 2019 | 9.15am to 3.00pm
Cranbrook Children's Centre

PROGRAMME

9.15 to 9.45am **Registration**

9.45 to 10.00am **Welcome Speech** | Dr Dianne Borien, Head of Early Years
Ready to Learn | Dr Hasneen Choudhury, Strategic Lead for Children's Centres

10.00 to 10.10am **Opening remarks** | Andy Donald, Chief Executive, London Borough of Redbridge

10.10 to 10.40am **Impact of maternal mental health on brain development** |
Dr Amanda Jones, Strategic and Clinical Lead, Consultant Perinatal Psychotherapist, NELFT

Morning Workshops

Supporting Children's Toilet Training
Charmaine Champ, ERIC

10.45 to 11.45am **Attachment, Brain Development and Learning**
Diane Taylor, Virtual Schools

Communication and Language
Angela Scott, Eastern SEND Partnership

Introduction to Children's Yoga
Emily Sheppard, Redbridge Early Years Team

11.45 to 1.15pm **Lunch, networking and stalls**

Afternoon Workshops

Supporting Children's Toilet Training
Charmaine Champ, ERIC

1.15 to 2.15pm **Attachment, Brain Development and Learning**
Diane Taylor, Virtual Schools

Communication and Language
Angela Scott, Eastern SEND Partnership

Introduction to Children's Yoga
Emily Sheppard, Redbridge Early Years Team

2.20 to 2.50pm **Mindfulness for Children** | Lucy Cree & Sarah Borgden, Be the Jellyfish

2.50 to 3.00pm **Closing remarks** | Colin Stewart, Operational Director, Education and Inclusion

The Early Years Festival event is being hosted by the Redbridge Ready to Learn Steering Group
Special thanks to Cranbrook Primary School and ISS Catering Services for providing the venue and lunch, respectively.